

## **Overview of Coach Certification** 3/09

### **Orientation**

- Experience three coaching sessions via telephone with your coach mentor, working through Coaching 101 (pre-workshop)
- Familiarize yourself with the CoachNet website and the Online Coaching tool—if the person being coached is not familiar with the CN online tool, an extra session may be needed to go over the online CN tutorials
- Recruit two persons you will coach during your fieldwork (post workshop)
- Complete a DiSC profile.

### **1 ½ Day Initial Coach Training Workshop**

- Coaching 101 Handbook serves as the curriculum for this event
- Dig deep into the 5R's of the coaching process – Relate, Reflect, Refocus, Resource, Review.
- Practice "discovery" listening
- Explore effective techniques for asking powerful questions
- Learn through observation and participation
- Identify your behavior profile and improve interpersonal skills

### **Experience (Field Work)**

- Coach two persons for six sessions each
- Coach in Training may need to take one extra session to assist coachees with online CN tutorials before basic coaching begins
- Work with your coach mentor for six sessions to grow in your coaching capacity

### **Assessment**

- Feedback from field work
- Online coach assessment through [www.coachnet.org](http://www.coachnet.org)

### **1 ½ Certification Workshop**

- Focus on coach competencies using Coaching Excellence handbook
- Create a personal development plan for continued growth

### **Certification**

- Certification is earned when all requirements and evaluations are completed and appropriate scores are attained
- Maintain CoachNet subscription to access latest resources
- Engage in lifelong learning to maximize your coaching
- Ongoing certification will require successful completion of the online coach assessment every two years following core coaching training

### **Coach certification with Specialization**

Specialization coaching in church planting and church enrichment (NCD & GHC) is available and is attached as optional tracks to regional training events following the certification workshop. NAB core coaching competencies will be standardized in all areas with specialization added as a supplemental track of training.

### **Costs for NAB Coach certification**

- Core NAB coach training will be provided to participants at the cost of \$200/person for the training, manuals, first online assessment, and first year Coachnet subscription. Additional costs may be charged by the region hosting the training event for lodging and meals.
- Each coach will be responsible to purchase and complete the online assessment tool every two years and file the report with the NAB Discipleship office. Certification certificates will be sent upon receipt of assessment with appropriate score. (2010 cost through NAB is \$60)
- Each active coach will need to maintain a Coachnet subscription to be able to use the coaching tools online. After the first year, the CN subscription is the responsibility of the coach. (2010 cost through NAB is \$75)